



ADOPT-A-HIGHWAY

Caltrans Adopt-A-Highway Program Safety Requirements for Participants

While on the roadside, remember: Safety First!

To protect yourself and others:

- Stay off the roadway and shoulders. (This includes unpaved shoulders.)
- Do not attempt to cross freeway traffic lanes on foot. Use caution when crossing conventional highways. Use crosswalks and signals where available.
- Face oncoming traffic as you work and keep an eye on traffic. Be prepared to move quickly, if necessary.
- Do not work on the roadway or shoulders, on bridges or in tunnels.
- Discontinue work before dusk.
- Do not attempt to work when fog or other conditions reduce visibility for drivers.
- Do not attempt to work when roadway is icy or wet.
- Do not touch or attempt to remove materials which you suspect may be toxic or hazardous. Items to avoid include powders, chemicals, smelly substances, suspicious packages, chemical drums or containers, weapons, syringes or hypodermic needles, dead animals and broken glass. Notify Caltrans or the police of the location of weapons or suspected toxic substances immediately.
- Do not try to compact trash bags. Injuries from broken or jagged objects may occur.
- Wear orange safety vests, hard hats, gloves and safety glasses whenever you are on the roadside.
- Wear long pants and substantial leather shoes or boots with ankle support. Watch your footing and stay off steep slopes, drainage facilities or places from which you may fall. Light-colored clothing, long sleeve shirts and sunscreen lotion are recommended.
- Do not run, throw objects or engage in horseplay or any other activity which may distract drivers.
- Avoid overexertion. Drink plenty of water, especially on warm, humid days.
- Do not consume alcoholic beverages or drugs before entering, or while on the roadside.
- Be alert for snakes or other wildlife. Also be alert for stinging insects and poisonous plants (e.g. poison oak).